


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning	<p>Computer Classes (Cross Street) 9:30 – 12:00</p> <p>Coffee Morning (Soar Centre) 10.00 – 11.30</p> <p>Home Start (Soar Centre) 10.00 – 3.00</p> <p>Salsa Aerobics (Soar Centre) 11.30 – 12.30</p>	<p>Sure Start (Soar Centre) 9:00 – 4:00</p> <p>Computer Classes (Cross Street) 9:30 – 12:00</p> <p>Coffee Morning (Soar Centre) 10:00 – 12:00</p> <p>Pilates (Soar Centre) 10.30 – 11.30</p> <p>Stretch (Soar Centre) 11.30am – 12.30pm</p> <p>Want 2 Work (Communities First House) 10:00 – 3:00</p>	<p>Computer Classes (Cross Street) 9:30 – 12:00</p> <p>Sure Start (Soar Centre) 10:30 – 11:30</p>	<p>Computer Classes (Cross Street) 9:30 – 12:00</p> <p>Feel Good Group (Soar Centre) 10:00 – 12:00</p> <p>Get Green (Communities First House) 10:00 – 12:00</p> <p>Chair Aerobics (Soar Centre) 10:30 – 11:30</p> <p>Credit Union (Cross Street) 10.30 – 12.00</p>	<p>Baby Club (Soar Centre) 10:00 – 12:00</p> <p>Rhondda Housing Training (Soar Centre) 10:00 – 2:00</p> <p>Safe Start (Soar Centre) 10:30 – 3:30</p> <p>Circuits for All (Soar Centre) 11.30am – 12.30pm</p>	<p style="text-align: center;">Soar Centre Programme</p>  <p style="text-align: center;">Penygraig Community Project & Communities 1st</p>	
Afternoon	<p>Computer Classes (Cross Street) 1:00 – 3:30</p> <p>Citizens Advice Bureau (Communities First House) 2:00 – 4:00</p> <p>After School Club (Soar Centre) Ages 6 – 11 years 4:30 – 6:00</p> <p>Children's Dance (Soar Centre) Jiggers - Ages 3 - 6 years 4:00 – 4:45</p>	<p>Walking Group (Soar Centre) 12:00 – 2:00</p> <p>Computer Classes (Cross Street) 1:00 – 3:30</p> <p>Job Search & CV Writing (Communities First House) 2:00 – 3:30</p> <p>After School Club (Soar Centre) Ages 6 – 11 years 4:30 – 6:00</p> <p>Eye to Eye (Soar Centre) 4:00 – 8:00</p>	<p>Prize Bingo (Soar Centre) 1:00 – 3:00</p> <p>Computer Classes (Cross Street) 1:00 – 3:30</p> <p>Historical Society Group (Cross Street) 2:00 – 4:00 (2nd Wednesday the month)</p> <p>Inner Wheel (Soar Centre) 2:00 – 4:00 (Last Wednesday of the month)</p> <p>After School Club (Soar Centre) Ages 6 – 11 years 4:30 – 6:00</p>	<p>+One Club (Soar Centre) 1:00 – 3:00</p> <p>Beginners Welsh Class (Soar Centre) 12:30 – 2:00</p> <p>After School Club (Soar Centre) Ages 6 – 11 years 4:30 – 6:00</p> <p>Penygraig Guitar Club (Soar Centre) 4:30 – 5:30</p>	<p>Tai Chi (Soar Centre) 1:30 – 3:00</p> <p>Youth Club (Soar Centre) Ages 11 – 25 4:30 – 6:30</p> <p>Youth Dance (Soar Centre) (A technique class for dancers with previous experience) Connexions - Ages 14+ 4:45 – 6:00 (Not running in summer term)</p>	<p>Senior Youth (Soar Centre) Ages 11 – 25 1:00 – 4:00</p>	<p>Chapel Soar (Soar Centre) Weekly Service 2:30 – 4:00</p>
Evening	<p>Children's Dance Groovers - Ages 7 - 13 years 4:45 – 6:00</p> <p>Computer Classes (Cross Street) 6:00 – 8:30</p> <p>Senior Youth (Soar Centre) 14 – 25 years 7:00 – 9:30</p>	<p>Computer Classes (Cross Street) 6:00 – 8:30</p> <p>Youth Theatre (Cross Street) 6:00 – 8:00</p> <p>Middle Club (Soar Centre) 11 – 14years 7:00 – 9:00</p>	<p>Computer Classes (Cross Street) 6:00 – 8:30</p> <p>Middle Club (Soar Centre) 11 – 14years 7:00 – 9:00</p>	<p>Drama Workshop (Cross Street) 6:30 – 8:00</p> <p>Senior Youth (Soar Centre) 14 – 25 years 7:00 – 9:30</p> <p>Youth Clinic (Soar Centre) 7:00 – 9:30</p>	<p>Theatre & Arts Events (Soar Centre) See Posters for details</p>	<p>Theatre & Arts Events (Soar Centre) See Posters for details</p>	<p>Middle / Junior Youth Ages 11 – 25 4:00 – 6:00</p> <p>Choir Sessions (Soar Centre) See Posters for details</p>

